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## **Enrolment No:**



## **UPES**

## **End Semester Examination, December 2023**

Course: Fundamentals of Food Science Semester: I

Program: B.Sc. (FND)

Course Code: HSND1002

Duration: 3 Hours

Max. Marks: 100

Instructions: Read each question carefully and answer

|        | Section A  |       |     |
|--------|--|-------|-----|
| S. No. | MCQs   | Marks | COs |
|        | (20Qx1.5M=30 Marks)  |       |     |
| Q1     | Which of the following does NOT constitute 90% of dry weight of      | 1.5   | CO1 |
|        | any food?  |       |     |
|        | a) Carbohydrates   |       |     |
|        | b) Fibers  |       |     |
|        | c) Proteins  |       |     |
|        | d) Fats  |       |     |
| Q2     | Which sentence is untrue with respect to the human body?             | 1.5   | CO1 |
|        | a) Unconsumed water broken → fats                                    |       |     |
|        | b) Carbohydrates broken → Sugars                                     |       |     |
|        | c) Proteins broken down → Amino acids                                |       |     |
|        | d) Fats broken down → Fatty acids and glycerol                       |       |     |
| Q3     | Which provides energy very slowly?                                   | 1.5   | CO1 |
|        | a) Carbohydrates   |       |     |
|        | b) Fats  |       |     |
|        | c) Proteins  |       |     |
|        | d) Fibers  |       |     |
| Q4     | The food industry is a high-volume industry. Hence, any losses may   | 1.5   | CO1 |
|        | be a major loss to the producer.                                     |       |     |
|        | a) True  |       |     |
|        | b) False   |       |     |
| Q5     | Increasing agricultural efficiency is the most important way to make | 1.5   | CO1 |
|        | sure food production meets the necessities.                          |       |     |
|        | a) True  |       |     |
|        | b) False   |       |     |
| Q6     | Which of the following is not a function of Carbohydrates?           | 1.5   | CO2 |
|        | a) Storage of energy   |       |     |
|        | b) Fuel for metabolism   |       |     |
|        | c) Structural components   |       |     |

|     | d) None of the mentioned  |     |     |
|-----|---|-----|-----|
| Q7  | Sham is overweight. Which of the following carbohydrates is he        | 1.5 | CO2 |
|     | consuming maximum?  | 1.5 | 002 |
|     | a) Refined  |     |     |
|     | b) Unrefined  |     |     |
|     | c) Glycogen   |     |     |
|     | d) None of the mentioned  |     |     |
| Q8  | Which of the following is NOT a step in Modern Milling of Wheat?      | 1.5 | CO2 |
|     | a) Stone Grinding   |     |     |
|     | b) Wheat Conditioning   |     |     |
|     | c) Wheat milling  |     |     |
| l   | d) Cleaning   |     |     |
| Q9  | Which of the following is NOT a part of a Wheat kernel?               | 1.5 | CO2 |
|     | a) Bran   |     |     |
|     | b) Endosperm  |     |     |
|     | c) Germ   |     |     |
|     | d) None of the mentioned  |     |     |
| Q10 | Which of the following parts of a plant are spices NOT made from?     | 1.5 | CO2 |
|     | a) Bark   |     |     |
|     | b) Leaf   |     |     |
|     | c) Root   |     |     |
|     | d) Cell   |     |     |
| Q11 | is the World's largest producer of egg.                               | 1.5 | CO3 |
| Q12 | Name any two types of egg commonly consumed in India.                 | 1.5 | CO3 |
| Q13 | How much percentage is held by the shell in egg?                      | 1.5 |     |
|     | a) 5%   |     |     |
|     | b) 10%  |     |     |
|     | c) 20%  |     |     |
|     | d) 15%  |     |     |
| Q14 | Albumen accounts for% of total egg weight.                            | 1.5 | CO3 |
| Q15 | Shell of the egg is covered by a cuticle membrane, which is also      | 1.5 | CO3 |
|     | known as  |     |     |
| Q16 | The egg is kept in position at the centre of the egg with the help of | 1.5 | CO3 |
|     | the   |     |     |
| Q17 | Name the test conducted to check the quality of eggs.                 | 1.5 | CO3 |
| Q18 | Which category of vegetables mushrooms belong to?                     | 1.5 | CO4 |
| Q19 | Name any two pigments which belong to water soluble category.         | 1.5 | CO4 |
| Q20 | Betalains are not water-soluble pigments.                             | 1.5 | CO4 |
| -   | a) True   |     |     |
|     | b) False  |     |     |

|     | Section B  |    |     |
|-----|--|----|-----|
|     | (4Q x 5M=20 Marks)   |    |     |
| Q 1 | Mention the role of carbohydrates in the human body. Describe five         | 5  | CO4 |
|     | terms related to carbohydrate deficiency in the human body.                |    |     |
| Q 2 | Differentiate between saturated and unsaturated fatty acids. Explain their | 5  | CO2 |
|     | types in detail.   |    |     |
| Q 3 | Describe the different stages of sugar cookery with its appearance         | 5  | CO1 |
|     | and uses.  |    |     |
| Q 4 | Describe the effects of cooking on nutritional properties of food.         | 5  | CO5 |
|     | Section C  |    |     |
|     | (2Qx15M=30 Marks)  |    |     |
| Q 1 | Mina is a diabetic patient. One day she is tempted to eat junk food.       | 15 | CO3 |
|     | Which is a relatively better food product to eat – pasta or candy?         |    |     |
|     | Why? (3 marks)   |    |     |
|     | a) Pasta- contains primary carbohydrates which increase blood              |    |     |
|     | sugar level comparatively slowly and to a lesser level                     |    |     |
|     | b) Pasta- contains secondary carbohydrates which increase blood            |    |     |
|     | sugar level comparatively slowly and to a lesser level                     |    |     |
|     | c) Candy – contains primary carbohydrates which increase blood             |    |     |
|     | sugar level comparatively slowly and to a lesser level                     |    |     |
|     | d) Candy- contains secondary carbohydrates which increase blood            |    |     |
|     | sugar level comparatively slowly and to a lesser level                     |    |     |
|     | i) Explain the biological significance of fats. (6 marks)                  |    |     |
|     | ii) Classify fats with examples. (6 marks)                                 |    |     |
| Q 2 | Attempt any three options: -   | 15 | CO3 |
|     | a) Enzymatic browning (5 marks)  |    |     |
|     | b) Non- Enzymatic browning (5marks)  |    |     |
|     | c) Draw the well-labeled diagram of egg (5 marks)                          |    |     |
|     | d) Explain the postmortem changes in the carcass of the meat (5            |    |     |
|     | marks)   |    |     |
|     | Section D  |    | •   |
|     | (2Qx10M=20 Marks)  |    |     |
| Q 1 | Describe the physical and chemical properties of fats and oils.            | 10 | CO5 |
|     | Differentiate between fats and oils. (5+5 marks)                           |    |     |
| Q 2 | Classify vegetables based on nutritional classification (5 marks).         | 10 | CO4 |
|     | Differentiate between water soluble and water insoluble pigments           |    |     |
|     | with the help of suitable examples (5 marks).                              |    |     |
|     |  |    |     |