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Rod-shaped ZnO nanoparticles: synthesis, comparison and in vitro evaluation of their apoptotic activity in lung cancer cells

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Abstract

Here, we present the synthesis of rod-shaped zinc oxide (ZnO) nanoparticles (NPs) through the wet-chemical method and green synthesis method (using *Azadirachta indica* leaf extract). Physicochemical properties of the ZnO NPs are characterized using different techniques, and their rod shape structure is confirmed via scanning electron microscope (SEM). Biological effects of the rod-shaped ZnO NPs in human lung (A549) cancer cells are evaluated, which include: viability, apoptosis/cell death, and morphological impact. It has been observed that ZnO NPs synthesized via the green method (marked as L2-NPs) have significantly decreased viability of A549 cells, as compared to NPs synthesized via the wet-chemical method (marked as ZnNPs), ascribed to the presence of therapeutic biomolecules (including polyphenols) in leaf extracts as capping agents. It has also been witnessed that the viability of A549 cells can be significantly reduced in a dose-dependent manner with L2-NPs as well as with only extract of leaf of *Azadirachta indica*, an IC₅₀ value of 130.95 μ g/mL is obtained. Treatment of A549 cells via L2-NPs has effectively (i) improved apoptotic induction post-incubation and (ii) arrested cell cycles in different phases, where a high cell cycle arrest percentage of 83.1% is obtained in the G1-phase itself. Thus, rod-shaped ZnO NPs synthesized via *Azadirachta indica* leaf extracts have proven to be a potential therapeutic candidate for lung cancer treatment.

Graphic abstract



Keywords Rod-shaped ZnO nanoparticles · Azadirachta indica · A549 cells · Apoptosis · Cancer treatment

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Introduction

Globally, cancer (a stage of uncontrolled cell proliferation) is considered the second leading cause of human death. During the past few decades, chemotherapy has been used widely to treat cancer cells, where toxic anticancer drugs such as alkylating agents, antimetabolites, and so on are involved. One major problem associated with chemotherapy is that the inability of these anticancer drugs to effectively differentiate between cancerous cells and normal cells and treat them consecutively. Recently in current cancer biomedical research, there is a growing demand for the use of nanoparticles for the treatment of cancer cells (Wang and Thanou 2010). Among different nanoparticles, zinc oxide nanoparticles (ZnO NPs) are utilized in many cancer biomedical applications such as drug delivery, bioimaging, and therapeutics as they can induce selective killing of the tumor cells (Martínez-Carmona et al. 2018; Xiong 2013; Mishra et al. 2017). For instance, it has been demonstrated that the ZnO NPs can induce the increased activity of caspase-3 enzyme, DNA fragmentation, and also oxidative stress production during the treatment of HepG2 cancer cells, whereas no risks have been posed to normal rat cells (astrocytes and hepatocytes) (Akhtar et al. 2012). In another investigation, Rasmussen et al. have reported the utilization of ZnO NPs for selective and effective destruction of the tumor cells (Rasmussen et al. 2010). It has been proven that the extent of cell death (apoptosis) in HepG2 and MCF-7 cancer cell lines can be increased by incrementing the therapeutic concentrations of the ZnO NPs (Wahab et al. 2014). ZnO NPs can also increase reactive oxygen species (ROS) generation to induce cell death in cancer cells such as LTEP-a-2 cells (Wang et al. 2015) and glioma cells (Ostrovsky et al. 2009).

Apart from the above, ZnO NPs can be combined with other nanoparticles for enhancing cancer treatments. Lately, the ternary nanocomposites of ZnO combined with reduced graphene oxide (r-GO) and stannic oxide (SnO₂) have improved the anticancer application via oxidative stress pathways (Ahamed et al. 2021; Tanino et al. 2020). ZnO and ceria NPs have been synthesized and are compared based on reactive oxygen species (ROS)-mediated cytotoxic activity on MG-63 human osteosarcoma cell lines (Sisubalan et al. 2017), where ZnO NPs are found to be more effective. In addition, deep investigations have been done to determine the effect of size and dispersion status of ZnO NPs toward cytotoxicity and genotoxicity on human bronchial epithelial cells (Roszak et al. 2016).

Moreover, ZnO NPs prepared via the green synthesis process using biological extracts tend to have more therapeutic effects as compared to a chemical method based on ZnO NPs. For instance, ZnO NPs that are green synthesized using rutin (a bioflavonoid) have produced improved antioxidant, antibacterial, and also anticancer/cytotoxic effects (Bharathi and Bhuvananeshwari 2019; Suresh et al. 2018; Selim et al. 2020a; Hanley et al. 2008; Guo et al. 2008; Ryter et al. 2007). Usually, the photodynamic nature of the ZnO NPs is responsible for the anticancer activity, as it can induce ROS and results in cancer cell apoptosis (Li et al. 2010). In a recent article, photodynamic effects along with the amount of ROS generation and oxidative damages have been investigated against the size-dependent ZnO NPs, where it has been found that the higher intracellular release of zinc ions resulted in enhanced cancer cell death via mitochondrial-mediated apoptosis (Song et al. 2010; Sharma et al. 2012; Stowe and Camara 2009). Besides, the green synthesized ZnO NPs (using the extracts of leaves and stem of Hyssopus officinalis, and so on) tend to improve the cancer cell apoptosis in both in vitro and in vivo environments in different cancer cells including liver and bone cancer cells (Rahimi Kalateh Shah Mohammad et al. 2019, 2020; Govarthanan et al. 2020; Haitao et al. 2020; Salari et al. 2020; Selim et al. 2020b; Cheng et al. 2020; Sukri et al. 2019; Rauf et al. 2019). However, so far there are no studies that compare the effects of ZnO NPs (especially rod-shaped), which are synthesized through chemical and green synthesis methods, on the apoptosis induction process in cancer cells. Hence in this paper, we initially performed the structural characterization of ZnO NPs synthesized via the chemical wet method (marked as ZnNPs) and via 2 mL extract of Azadirachta indica leaves (marked as L2-NPs), and compared their physicochemical properties. Then, we have investigated in detail their apoptosis induction capacity on lung cancer cell lines (A549) using assays like MTT assay, crystal violet assay, and flow cytometry.

Materials and methods

Materials

All chemicals and reagents are analytical reagents (A.R) grade. Pure zinc sulfate heptahydrate $(ZnSO_4 \cdot 7H_2O)$ and sodium hydroxide (NaOH) are procured from Central Drug House (P) Ltd – CDH, India. Dulbecco's modified Eagle's medium (DMEM) and (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) tetrazolium (MTT) are purchased from Sigma-Aldrich, USA. Fetal bovine serum (FBS) is acquired from Invitrogen. Dimethyl sulpho-oxide (DMSO) and methanol are purchased from SRL, India. Crystal violet, RNase, acridine orange (AO), and propidium iodide (PI) are purchased from Bangalore Genei. A549 cells are obtained from the National Cell Repository of Animal Cells NCCS, Pune, India.

Collection of plant leaves

Healthy and fresh leaves of *Azadirachta indica* are collected from the Department of Chemistry, University of Delhi.

Preparation of 25% of leaf extract

The leaves of *Azadirachta indica* are washed with double distilled water, dried in a hot air oven (for 2 h at 60 °C), and ground to form a powder. Then, 25 g of powder is added in 100 mL of double distilled water and kept on a hot plate magnetic stirrer (at 40 °C for half an hour). This extract is later filtered through Whatman filter paper and then consecutively used in the green synthesis of ZnO NPs.

Synthesis of ZnO NPs

ZnO NPs are prepared through two methods: (i) the green method and (ii) the wet-chemical method. In the green method, an aqueous solution (50 mL) of pure zinc sulfate heptahydrate (ZnSO₄·7H₂O) at a concentration of 0.2 M is taken as a source of zinc metal ion in a beaker. Then, the aqueous solution (50 mL) of 1 M sodium hydroxide (NaOH) and 2 mL of priorly-prepared leaf extract of Azadirachta Indica is poured into the beaker containing zinc precursor solution. Similarly in the wet-chemical method, the amounts of reaction precursors are taken as follows: 0.2 M of ZnSO₄. $7H_2O + 200$ mM tri-sodium citrate (TSC) + 1 g NaOH in 100 mL of solution, herein TSC is used as a capping agent. Both reaction setups are kept on a hot plate with magnetic stirring at 350 rpm at a temperature of 40 °C (313 K). The as-synthesized ZnO NPs via the green method and wetchemical method are centrifuged, washed with 90% alcohol, dried at 60 °C in a hot air oven, and then stored (in both suspension and dried forms). All the NPs preparations are made using double distilled water. Herein, ZnO NPs synthesized via the green method and wet-chemical methods are named as L2-NPs and ZnNPs, respectively.

Characterization of ZnO NPs

UV–Visible absorption spectra have been recorded using Epoch[™] Microplate Spectrophotometer (BIO-TEK[®], USA). We have dispersed 20 mg of dry powder of green synthesized ZnO NPs (L2-NPs) in 2 mL deionized water using an ultrabath (sonicator). Herein, deionized water is used as a reference in a cuvette. After that, the test solution (L2-NPs dispersed in deionized water) is filled in a cuvette to measure the UV–Visible absorption spectra. Similarly, the UV–Visible absorption spectrum is recorded for chemical wet synthesized ZnO NPs (ZnNPs). The composition of ZnO NPs is determined via Fourier transform infrared (FTIR) spectroscopy using 55-Spectrometer (Bruker, USA), where KBr is used as the reference material. Moreover, the crystalline nature of the ZnO NPs (dried powder) at room temperature is determined via X-ray

diffraction (XRD) pattern by using D8 Discover X-ray diffractometer, Bruker equipped with Cu K ($\lambda = 1.54056$ Å) as X-ray source, with 2θ value in a range of 20° -80° and 0.0194 degree/ sec increments. Surface morphology and topography of ZnO NPs (L2-NPs/ZnNPs) are evaluated by using a field emission scanning electron microscope (FE-SEM, JSM-7600F, JEOL Inc, Japan) and scanning electron microscope (SEM, JSM-6610LV, JEOL Inc, Japan) at 20 kV accelerating voltage and 20-120 kX magnification (with a resolution of 3 nm with High Vacuum mode), where the elemental composition is obtained through in-built energy dispersive X-ray spectroscopy (EDS). Moreover, thermal analysis (from RT to 1000 °C) of ZnO NPs is done with thermo-gravimetric analysis using Perking Elmer (model: Pyris diamond TGA/DTA Specifications: Range RT to 1100 °C) TGA/DTA instrument at 10 °C/min increment. Finally, the zeta potential of ZnO NPs is determined via the dynamic light scattering (DLS-nanoPartica SZ-100-Z, Horiba) technique.

Cell culture

Human lung adenocarcinoma A549 cells are obtained from NCCS, Pune and cultured in DMEM medium (Sigma-Aldrich, St. Louis, MO, USA) with heat-inactivated fetal bovine serum (10% (v/v)). All cultures are maintained in a humidified atmosphere under 5% CO₂ at 37 °C. The cells have been passaged once every 2 to 3 days, taking the logarithmic growth phase of the A549 cells for various experiments (MTT assay, Crystal violet assay, and Flow Cytometry).

MTT assay

To ascertain the viability of A549 cells, an MTT assay is performed. 5×10^4 cells/well are plated in a 96 well plate and incubated in DMEM overnight to acclimatize at 37 °C and 5% CO₂. The cells are then treated with different concentrations (i.e., 100, 150, 200, and 250 µg/mL) of ZnO NPs and further incubated for 24 and 48 h in a CO₂ incubator at 37 °C. Four hours before termination, culture media is removed and replaced with 180 µL of fresh medium and 20 µL of the MTT solution (5 mg/mL in PBS). Then the plate is incubated for the remaining 4 h in a dark humidified atmosphere at 37 °C in the CO₂ incubator. After incubation, media is removed, and 100 µL of DMSO is added to each well to dissolve the formazan (reduced tetrazolium) crystals formed. The optical density is measured at 570 nm using an Epoch™ Microplate Spectrophotometer (BIO-TEK[®], USA). The 50% inhibitory concentration (IC₅₀) is determined by the linear regression from the dose-response curve. Moreover, the percentage of cell viability is calculated as follows:

Percent cell viability

= (OD value of treated sample/OD value of control sample) * 100

Crystal violet assay

To ascertain the change in morphology of A549 cells after incubation with nanoparticles, a crystal violet assay is conducted. The cells are plated in a 6 well plate and left overnight to adhere. The inhibitory concentration (IC_{50}) dose of ZnO NPs (based on the results of the MTT assay) is used to treat the cells throughout the experiments for 48 h. After 48 h, the medium is removed, and the cells are washed three times with phosphate buffer saline (PBS). Cells are then fixed in 100% methanol for 1 min and stained with crystal violet for less than 1 min. The plate is washed three times with tap water and allowed to dry. Stained cells are then observed under a normal inverted microscope (Nikon) at 200 X magnification. The changes in cellular morphology are assessed and compared with the untreated control cell population.

Acridine orange/propidium iodine (AO/PI) staining

The effect of nanoparticles in inducing cell death (apoptosis) in A549 cells is determined using acridine orange (AO) and propidium iodide (PI) double staining. A549 cells are plated in a 6 well plate and incubated overnight to allow attachment. The cells are then exposed to IC_{50} dose of ZnO NPs for 48 h. After incubation, the cells are washed two times with PBS and then trypsinized and centrifuged at 1500 rpm for 3 min. The cells are then resuspended in cold PBS and centrifuged again to obtain fresh clean cell pellets. The obtained fresh pellets are then mixed with an equal volume (1:1) of fluorescent dye staining solution comprising 10 µg/mL of AO and 10 µg/mL of PI (dissolved in PBS). The freshly stained cell suspension is dropped onto a clean glass slide and covered with a coverslip for even distribution of cells and then observed under a UV-fluorescence microscope (Nikon) within 30 min, before fading of the fluorescence. The morphological standards used for the classification of viable, apoptotic, and necrotic cells are as follows: (i) viable cells (VC) show a green nucleus with a round intact structure; (ii) early apoptosis displays a dense bright-green nucleus with chromatin condensation (CC) and nuclear blebbing (BL); (iii) late apoptosis (LA) exhibits a dense orange area, and (iv) secondary necrosis (SN) shows an orange/red intact nucleus.

Cell cycle analysis with flow cytometry

Flow cytometry is performed for quantifying DNA content and to analyze different phases of the cell cycle. PI is used to label the nuclear DNA content. A549 cells are treated with IC_{50} dose of ZnO NPs for 48 h. Briefly, about 1×10^{6} cells are harvested and resuspended in PBS. After centrifugation, a fresh pellet is obtained, which is fixed by adding 70% chilled ethanol prepared in PBS. The cells are incubated for 1 h in – 20 °C. After incubation, cells are washed with PBS twice and incubated in a staining solution containing 50 µL of RNase solution (100 µg/mL) and 200 µL of PI (50 µg/mL PI in PBS). The cells are incubated for 30 min at room temperature in dark with gentle rotation (constant). The cell cycle is analyzed with help of a flow cytometer (BD accuri C6 cytometer).

Statistical analysis

One-way ANOVA followed by Dunnett's multiple comparison tests is applied for the analysis of the results. The p < 0.05 has been assigned as statistically significant. Graphpad prism 6 version software is used.

Results and discussions

UV-visible spectroscopic analysis

The UV–Visible spectra show a sharp absorption band at 368.43 nm for ZnO NPs synthesized with green method (L2-NPs) and 369.18 nm for ZnO NPs with chemical wet method (ZnNPs), respectively, where these spectra are shown in Fig. 1a, and they are matching with the maximum absorption peak reported at 370 nm for ZnO NPs in the literature (Padalia and Chanda 2017; Jayaseelan et al. 2012). The tauc plots obtained from UV–Visible absorption spectrum data of green synthesized and wet-chemical synthesized ZnO NPs are given in Fig. 1b and c, respectively. The value of the energy bandgap has been evaluated from the following tauc's formula.

$$(\alpha h\nu)^2 = A(h\nu - \mathrm{Eg})^{1/2}$$

where A is the constant which does not depend upon the photon energy, and $h\nu$ is the photon energy. Moreover, the energy bandgap (E_g) has been evaluated via $(\alpha h\nu)^2$ versus $h\nu$ curve as given in tauc plot. It has been noted that the bandgap energies of 2.46 eV and 3.146 eV are, respectively, obtained for L2-NPs and ZnNPs, which match with the reported values (Rani et al. 2020; Khan et al. 2018; Hamrouni et al. 2014). Herein the capping efficiency of tri-sodium citrate (TSC) is higher than the phytochemicals present in leaf extract. Since, quantity of phytochemical present in 2 mL is very less than the 200 mM of tri-sodium citrate which is used in chemical wet synthesis of ZnO NPs. Fig. 1 a UV-Visible absorption Spectra: For ZnO NPs synthesized with green method (L2-NPs) and with wetchemical method (ZnNPs), **b** Tauc plots of synthesized ZnO NPs with green method $(E_o = 2.46 \text{ eV for L2-NPs}),$ c Chemical wet method $(E_o = 3.146 \text{ eV for ZnNPs})$



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Therefore, the bandgap energy has been found more for ZnO NPs (ZnNPs) synthesized with chemical wet method than the ZnO NPs (L2-NPs) synthesized with green method.

Bandgap tuning of ZnO NPs can be very useful in cancer therapy as it can increase the threshold energy of reactive oxygen species (ROS) generation and oxidative stress in cancer cells through the generation of higher numbers of holes (h⁺) and electrons (e⁻) on the surface of the NPs (Zhang et al. 2014; Ahamed et al. 2017).

FTIR spectroscopy and powder X-ray diffraction (PXRD) analysis

Fourier transform infrared spectroscopy (FT-IR) studies have been done in the spectral range of $400-4000 \text{ cm}^{-1}$ for only extract (OE) of fresh leaves of Azadirachta indica, L2-NPs (ZnO NPs synthesized with 2 mL of leaf extract of Azadirachta indica), and ZnNPs (ZnO NPs synthesized with wet-chemical method) and shown in Fig. 2a.

Figure 2a shows the FTIR spectra of the OE of fresh leaves which confirms the peaks at 3311.71 cm⁻¹ correspond to -OH or H₂O molecules, the peak at 1637.72 cm⁻¹ correspond to aromatic ring stretching, and the peaks at 1246.29 cm⁻¹, 1288.71 cm⁻¹, 1364.41 cm⁻¹, and 1375.01 cm⁻¹ correspond to -C-H in-plane bending,

respectively. The expanded spectrum of OE from 1380 to 1200 cm^{-1} has been shown in the inset of Fig. 2a for clarity of the peaks in this region.

The presence of a band at 865.89–617.11 cm⁻¹ indicates the metal oxide (-Zn-O-) bond. Moreover, the presence of a peak corresponding to C=O carboxylic in FTIR spectra predicts the active role of TSC as a capping and stabilizing agent in the wet-chemical synthesis process. The FTIR spectrum of L2-NPs is given in Fig. 2c. In this spectrum, bands in the range of 407.01 to 844.76 cm^{-1} are due to metal oxide (-Zn-O-) stretching. Other bands such as 1070.71 cm⁻¹, 1155.10 cm⁻¹, 1296.63–1395.01 cm⁻¹, and 1592.88 cm⁻¹ and 3272.80-3456.53 cm⁻¹ are corresponding to aromatic -C-H bond, -C-O bond, aromatic -C=C, bending vibrations, and stretching vibration of surface H₂O or -O-H bond. Above mentioned bands show the presence of phytochemicals such as phenolic, flavonoids, and so on on the surface of L2-NPs, which indicates the active role of leaf extracts as the capping and stabilizing agent during the green synthesis process (Ramesh et al. 2015; Soto-Robles et al. 2019).

The crystal structures of the ZnO NPs (L2-NPs and ZnNPs) are characterized via XRD (D8 diffractometer, Bruker made, Cu K α radiation with $\lambda = 1.54056$ Å) and shown in Fig. 2b. The space group for ZnO NPs is (P 63 mc). The 2θ peaks at 31.67°, 34.31°, 36.14°, 47.40°, 56.52°, 62.73°, 66.28°, 67.91°, 69.03°, 72.48°, and 76.53° have been



Fig. 2 (A) FTIR Spectra **a** with only extract (OE) leaf of *Azadirachta indica*, **b** ZnO NPs synthesized using chemical wet method (ZnNPs), and **c** ZnO NPs synthesized using green method (L2-NPs), (B) Powder X-ray diffraction pattern of synthesized ZnO NPs—L2-NPs (ZnO NPs synthesized using the green method) and ZnNPs (ZnO NPs synthesized using the wet-chemical method). **b** depicts the FTIR spectra

assigned to (100), (002), (101), (102), (110), (103), (200), (112), (201), (004), and (202) crystal lattices of the ZnO NPs, indicating that the as-synthesized samples (L2-NPs and ZnNPs) have wurtzite crystalline structure. Moreover, the above-mentioned peaks match with the JCPDS No. 36-1451 (Seo and Shin 2015) and with JCPDS 5-0664 (Akhtar et al. 2012). There are three peaks with very small intensities before $2\theta = 30^{\circ}$. These three additional peaks with small intensities are detected due to presence of the precursor zinc sulfate as impurity which is left over unreacted in chemical wet synthesis. The 2θ peaks at 23.46°, 27.33°, and 30.03° have been assigned corresponding to (hkl) values (012), (131), and (032), respectively. These values match with the reported pattern COD 9,014,256 ($ZnSO_4 \cdot 4H_2O$). It may be due to conversion of precursor ZnSO₄·7H₂O into ZnSO₄·4H₂O during the chemical synthesis of the ZnO NPs (ZnNPs).

FE-SEM/SEM and TGA analysis

The morphology of the synthesized ZnO NPs has been studied using FE-SEM/SEM. Figure 3a shows the FE-SEM image of the ZnO NPs synthesized with the green method (L2-NPs), where it is clear that the majority of the particles are rod-shaped with smooth surfaces and porous sheet structure. The width of L2-NPs is to be approximately 50–60 nm and length in the range of 200 nm–600 nm. One dimension of the as-synthesized ZnO NPs matches with the reported ZnO NPs prepared using *Cucumis melo inodorus* rough shell extract, where the range of NPs is from 10 nm to 100 nm (Mahdizadeh et al. 2019).



of ZnO NPs obtained from the chemical wet method (ZnNPs), which indicates that the bands at 1583.21 cm⁻¹ representing C=O carboxylic acid and the sharper band at 1154.22 cm⁻¹ correspond to the presence of C–H group bonds. The peak observed at 2985.35 cm⁻¹ is corresponding to –C–H stretching

The weight loss in the samples has been determined using thermo-gravimetric analysis. TGA curve of the green synthesized ZnO NPs (L2-NPs) is shown in Fig. 3b. It can be seen that the green synthesized ZnO NPs show 100% mass (M.W.) at 33.50 °C. The first % mass loss occurs at \leq 33.50 °C T \leq 101.56 °C due to the presence of absorbed water (H₂O) on the surface of synthesized L2-NPs. Herein, the rate of mass loss is fast, because the rate of evaporation of H₂O is found to be fast. The second stage of % mass loss occurs from 101.56 to 425 °C. Herein the rate of decomposition of synthesized L2-NPs is slow as compared to the first stage mass loss %. This step involves two processes, in first process (101.56 °C-196.84 °C) the decompositions of phytochemicals takes place by which ZnO NPs (L2-NPs) are capped. In the second step, the degradation of $Zn(OH)_2$ takes place at around 300 °C. After that, again % mass loss is occurring from 425 to 941 °C continuously. Similar results are reported by Moharram et al. (Moharram et al. 2014).

The SEM images of ZnO NPs synthesized with the wetchemical method (ZnNPs) have been given in Fig. 3c and d, where it is clear that the shape of ZnNPs has also been found to be rod and sheet-shaped. There are some NPs with irregular morphology, and the width of ZnNPs is found to be approximately 75–125 nm and length in the range of $0.5 \,\mu\text{m}$ –1 μm .

Figure 4a and b show the TEM images of the ZnO NPs (L2-NPs and ZnNPs) synthesized via green method and wet-chemical method, respectively. It can be seen that both the ZnO NPs have rod-/sheet-shaped structure which is also confirmed by the FE-SEM.



Fig. 3 a FE-SEM images of ZnO NPs synthesized with green method (L2-NPs), b TGA of ZnO NPs synthesized with green method (L2-NPs), and c, d SEM images of ZnO NPs synthesized with wet-chemical method (ZnNPs)



The EDS spectra of L2-NPs and ZnNPs are given in Fig. 5a and b, respectively. The EDS result shows that there are no other elemental impurities present in the as-synthe-sized L2-NPs and ZnNPs. The elemental compositions of L2-NPs and ZnNPs are given in Tables 1 and 2, respectively. The atomic ratio of L2-NPs is obtained as—51.42% of zinc (Zn) and 48.58% of oxygen (O). The atomic ratio of ZnNPs is obtained as 52.02% of Zn and 47.98% of O. These results are in good agreement with the reported EDS analysis (Rani et al. 2020).

DLS analysis

Agglomeration/stability of NPs in an aqueous state is a major concern in nanomedicine research. From Fig. 6a, b, the zeta potential of ZnO NPs in water medium has been found – 28.64 mV for L2-NPs and – 34.75 mV for ZnNPs. The above-mentioned zeta potential values show that the assynthesized L2-NPs and ZnNPs are well-stabilized, which are in good agreement with the reported values by Akhtar et al. and Asik et al. (Akhtar et al. 2012; Mohamed Asik et al. 2019).



Fig. 5 a Energy dispersive spectroscopy (EDS) of synthesized ZnO NPs with green method (L2-NPs) and b Energy dispersive spectroscopy (EDS) of synthesized ZnO NPs with chemical wet method

(ZnNPs), where the red square selection indicates that the area under that has been considered for estimating the atomic percentage of the elements present

Table 1 Energy Dispersive Spectroscopy (EDS) analysis for ZnO NPs synthesized with green method (L2-NPs)

Element	Weight %	Atomic %	Net Int	Error %
ОК	20.58	51.42	62.76	9.86
Zn K	79.42	48.58	597.00	1.44

Table 2 Energy Dispersive Spectroscopy (EDS) analysis for ZnO NPs synthesized with wet-chemical method (ZnNPs)

Element	Weight %	Atomic %	Net Int	Error %
ОК	20.46	47.98	242.76	7.14
Zn K	79.54	52.02	111.71	2.88

Effect of L2-NPs on the viability of A549 cells

The effect of ZnO NPs (L2-NPs and ZnNPs) on the viability of A549 cells is determined by using an MTT assay. This assay is established based on the capability of the NADP(H)dependent cellular oxidoreductase enzyme to reduce the yellow tetrazolium dye to its insoluble purple formazan, which reflects the proportion of viable cells whereas dead cells do not show this function. Using a microplate reader, the measurement of absorbance at 570 nm (OD value) reflects the number of living cells.

The larger the OD value at 570 nm, the more live cells (refer to Fig. 7a). It should be noted that the ZnO NPs synthesized with the chemical wet method (ZnNPs) did not

Fig. 6 Zeta potential curves of **a** ZnO NPs synthesized with green method (L2-NPs) and **b** ZnO NPs synthesized with the chemical method





Fig. 7 a A549 cells are treated with L2-NPs at the indicated concentrations and time periods. Cell proliferation test is performed using MTT, and absorbance is measured after 24 and 48 h of incubation. Data represent three separate experiments performed in triplicate. **b** Induction of cell death by L2-NPs in A549 cells determined by MTT assay. Cells are treated with different concentrations of L2-NPs (in µg/mL) for 24 and 48 h. Data are represented as mean \pm SD. ($p \le 0.05^{a}$, $p \le 0.01^{b}$, $p \le 0.001^{c}$). Herein, on the x-axis the range of concentration is 100–250 µg/mL for the only extract (OE), ZnNPs (ZnO NPs synthesized with chemical wet method) and L2-NPs (ZnO NPs synthesized with 2 mL of leaf extract of *Azadirachta indica*)

exhibit any cytotoxicity to the cells suggesting that this sample is non-toxic to the cells, and these results match with the reported cell viability values by Prashanth et al. (2015). Moreover, the results depicted in Fig. 7b show that the viability of A549 cells after treating with L2-NPs in

a dose-dependent manner. Herein, it is observed that the cell viability could be significantly reduced with an incubation period of 48 h at 100, 150, 200, and 250 µg/mL. The IC₅₀ value for L2-NPs is found to be 130.95 µg/mL after 48 h incubation. The obtained results are similar to the reported works on the usage of ZnO NPs (green synthesized) on MCF-7 cells (Kumar et al. 2006) and HFF cell lines (Rajeshkumar et al. 2018; Umamaheswari et al. 2021; Sharmila et al. 2019; Shilpa et al. 2020; Salari et al. 2019).

Effect of L2-NPs on the morphology of A549 cells

Crystal violet assay is performed to monitor the morphological changes in A549 cells and given in Fig. 8. Cells are stained with crystal violet and imaged at $200 \times$ magnification in an upright microscope (Nikon). Cells are treated with the IC₅₀ dose (130.95 µg/mL) of ZnO NPs synthesized from 2 mL of leaf extracts (i.e., L2-NPs) for 48 h.

We have observed the shrinkage of cells accompanied by rounded cell morphology, poor cell adhesion, and reduced cell number in L2-NPs treated group. Comparatively, there is no significant change in the morphology of A549 cells in the control group and treated with ZnO NPs synthesized with wet-chemical method (ZnNPs). Moreover, the only extract (OE) of leaves of the *Azadirachta indica* treated group has shown slight shrinkage and reduced cell number.

Induction of apoptosis in A549 cells

AO and PI dual staining is performed to study apoptosis. AO stain with green fluorescence penetrates from the plasma membrane of healthy cells or early apoptotic cells with fragmented DNA, whereas PI stain displays dead cells. Specific changes in morphological characterizations of cells such as chromatin condensation, cell shrinkage, nuclear, or cytoplasmic fragmentations indicate the occurrence of apoptosis. A549 cells are treated with IC₅₀ dose (130.95 μ g/mL) of ZnO NPs (i.e., L2-NPs) and observed under a fluorescent

Fig. 8 Morphology of L2-NPs treated human lung cancer A549 cells. a Control group with no treatment, b Cells treated with ZnO NPs synthesized with chemical wet method (ZnNPs), c Cells treated with the only extract, d Cells treated with IC₅₀ dose (130.95 μ g/mL) of ZnO NPs synthesized from leaf extract (L2-NPs), magnification-200x

Fig. 9 Morphological and apoptosis analysis of A549 cells double-stained with AO and PI as observed under a fluorescent microscope (Nikon) at $200 \times$ magnification. The treated cells were exposed to IC_{50} dose of L2-NPs (130.95 µg/ mL) for 48 h. a Untreated cells, b Cells treated with ZnO NPs synthesized with chemical wet method (ZnNPs), c Cells treated with the only extract, d Cells treated with ZnNPs synthesized from leaf extract (L2-NPs). VC: viable cells; EA: early apoptosis; and SN: secondary necrosis



microscope (Nikon) to analyze the viable cells, early apoptosis, and late apoptosis (refer Fig. 9). In our results, A549 cells treated with L2-NPs illustrated some signs of cell death such as chromatin condensation, early apoptosis, and secondary necrosis. Similar results have been reported with green synthesized ZnO NPs for murine breast tumor model and human breast cancer cell lines (Mahdizadeh et al. 2019).

After 48 h of incubation, untreated A549 cells have shown viable cells (VC) with green color and intact nuclei. In contrast, early apoptosis (EA) and secondary necrosis (SN) is observed in cells treated with IC_{50} dose of L2-NPs. Such type of cytotoxic study is similar to the investigation on ZnO NPs synthesized with *Tabernaemontana divaricata* leaf extract against MCF-7 breast cancer cell lines at various concentrations (6.5–100 µg/ mL) (Sivaraj et al. 2014).

Induction of G1 phase cell cycle arrest

We have further analyzed the distribution pattern of the cell cycle by flow cytometry in A459 cells. The effect on cell cycle progression is examined after 48 h exposure to 130.95 μ g/mL of L2-NPs. According to the results displayed in Fig. 10, there is G1 phase arrest in A549 cells after L2-NPs treatment that accounted for 83.1% cells.

In addition, the S and G2 phase cell percentages also dramatically reduced to 8.9% and 4.1%, respectively, in the L2-NPs treated cells. Extract treatment also arrested cell cycle in the G1 phase which accounted for 79.0% of the G1 phase, 10.2% of the S phase, and 8.2% in the G2 phase.

Conclusion

Our results demonstrate the preparation of rod-shaped ZnO NPs using both the green method and the wet-chemical method. In the green method, ZnO NPs (L2-NPs) are synthesized by using a 2 mL fresh aqueous extract of leaves of *Azadirachta indica* (Neem tree). On the other hand, in wet-chemical method, ZnO NPs (ZnNPs) are synthesized by using tri-sodium citrate and sodium hydroxide. The structure/physicochemical properties of the as-synthesized NPs (L2-NPs and ZnNPs) are characterized by different



Fig. 10 Flow cytometry analysis of cell cycle arrest in A549 cells treated with 130.95 μ g/mL of L2-NPs for 48 h. **a** Untreated cells, **b** Cells treated with ZnO NPs synthesized with chemical wet method

(ZnNPs), **c** Cells treated with the only extract, **d** Cells treated with ZnO NPs synthesized from leaf extract (L2-NPs). The bar diagram shows the percentage distributions of the cell cycle

techniques. Moreover, the as-synthesized rod-shaped NPs have been analyzed for anticancer activity against human lung cancer cell lines (A549). The L2-NPs showed 50% cell viability (IC₅₀) at 130.95 μ g/mL for 48 h incubation. The cell viability has been studied by MTT assay, where the results demonstrated that the only extract (OE) and synthesized ZnO NPs with extract of neem leaves (L2-NPs) show apoptosis in cancerous cells by chromatin condensation, cell shrinkage, nuclear, or cytoplasmic fragmentations in the cells, which is further proved by crystal violet assay and AO & PI staining process. ZnO NPs synthesized with the chemical wet method (ZnNPs) have not induced any apoptosis in cancer cells. Both L2-NPs and only extract (OE) treatment in A549 cells have arrested cell cycle in G1 phase, S phase, and G2 phase. But the G1 phase cell percentage has been found higher (i.e., 83.1%) when treated with rod-shaped L2-NPs than treated with the OE of leaves of Azadirachta indica (i.e., 79.0%). The neem leaves extract also showed apoptosis by chromatin condensation, cell shrinkage, nuclear, or cytoplasmic fragmentations in A549 lung cancer cells. Our results revealed that advanced experimental research on lung cancer cells must be considered for the determination of universal mechanisms in the anticancer activity of rod-shaped ZnO NPs.

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Declarations

Conflicts of interest The authors report no conflicts of interest in this work.

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