Name:

Enrolment No:



UPES

End Semester Examination, May 2025

Course: Pediatric and Geriatric Nutrition

: VI Semester Program: BMSc ND

Duration : 3 Hours Course Code: HSND3010 Max. Marks: 100

Instructions: Read all the questions carefully

S. No.	Section A	Marks	COs
	Short answer questions/ MCQ/T&F		
	(20Qx1.5M=30 Marks)		
Q 1	Define Hyperinsulinemia.	1.5	CO4
Q 2	What is Senescence?	1.5	CO1
Q 3	What is Hypochlorhydria?	1.5	CO5
Q 4	Why does the height of an elderly person decrease with age?	1.5	CO1
Q 5	Differentiate between stunting and wasting.	1.5	CO2
Q 6	List three advantages of Enteral Nutrition	1.5	CO4
Q 7	Who do you designate as the elderly in India?	1.5	CO3
Q 8	List three pediatric problems which have special nutritional	1.5	CO2
	requirements.		
Q 9	Complementary feeding should be given after 3 months of	1.5	CO3
	age. (True/ False)		
Q 10	What is phagocytosis?	1.5	CO2
Q 11	What is hidden hunger?	1.5	CO4
Q 12	What is bioavailability?	1.5	CO3
Q 13	What are the two advantages of breast milk?	1.5	CO5
Q 14	What role do antioxidant nutrients play in maintaining the	1.5	CO3
	health of the elderly?		
Q 15	Chronological and biological age do not run parallel. (True/	1.5	CO3
	False)		
Q 16	What is Hypogeusia?	1.5	CO4
Q 17	The aged individuals cannot serve as a valuable human	1.5	CO3
	resource. (True/ False)		

Q 18	What is Marasmic Kwashiorkor?	1.5	CO3
Q 19	Define Xerostomia.	1.5	CO3
Q 20	Nutrient deficiencies can lead to an enhanced progression of	1.5	CO2
	degenerative diseases associated with ageing. (True/False)		
	Section B		
	(4Qx5M=20 Marks)		
Q 1	Differentiate between parenteral and Enteral nutrition.	5	CO3
Q 2	Briefly explain the host defense mechanisms.	5	CO3
Q 3	What do you understand by growth monitoring? How are	5	CO3
	growth charts interpreted?		
Q 4	When is enteral nutrition indicated? List at least disease	5	CO2
	conditions.		
	Section C		
	(2Qx15M=30 Marks)		
Q 1	Describe the changing body composition and various	15	CO4
	Techniques for Measuring Body Composition in the elderly.		
Q 2	What are the principles to be followed for complementary	15	CO2
	feeding? What are the various myths and misconceptions		
	related to complementary feeding?		
	Section D		
	(2Qx10M=20 Marks)		
Q 1	What are the effects of infection on nutritional status?	10	CO3
Q 2	What are the various physiological changes associated with	10	CO2
	ageing?		