Name:

Enrolment No:



UPES

End Semester Examination, May 2025

Course: One Health
Program: M.Sc. (Nutrition and Dietetics)
Course Code: HSCC7023O
Semester: II
Time : 03 hrs.
Max. Marks: 100

Instructions: Please read all the questions carefully.

S. No.	Section A	Marks	COs
	Short answer questions/ MCQ/T&F		
	(20Qx1.5M = 30 Marks)		
Q 1	When the pathogen spills over through vectors, wildlife, or	1.5	CO-2
	domestic animals, which process will help prevent this?		
	A. Rapid response		
	B. Early detection		
	C. Forecasting Readiness		
	D. Controlled operations		
Q 2	WHO identifies five phases of infectious disease emergence.	1.5	CO-2
	Which of the following are in the correct order?		
	A. Pre-emergence, Epidemic, Emergence, Localised		
	Transmission, Pandemic.		
	B. Pre-emergence, Emergence, Localised Transmission,		
	Pandemic, Epidemic.		
	C. Pre-emergence, Emergence, Localised Transmission,		
	Epidemic, Pandemic.		
	D. Pre-emergence, Pandemic, Emergence, Localised		
	Transmission, Epidemic.		
Q 3	The safe limit of Atmospheric CO ₂ concentration is:	1.5	CO-1
	A. 250 ppm		
	B. 350 ppm		
	C. 420 ppm		
	D. 550 ppm		
Q 4	Name the German scholar from the mid-1800s who was an early	1.5	CO-1
	proponent of One Health.		
	A. Rudolf Virchow		
	B. Calvin Schwabe		
	C. Lonnie King		
	D. Dr. Renu Swarup		
Q 5	International One Health Day is officially celebrated around the	1.5	CO-3
	world every year. On which day is it celebrated?		
	A. October 10		

	B. November 3		
	C. January 8		
	D. August 12		
Q 6	Which of the following statements is true for pathogen crossover?	1.5	CO-2
,	A. The pathogen must overcome a series of barriers to		
	transmit from one species to another.		
	B. Spillover of some pathogens requires that gaps (depicted		
	as holes) in all the barriers align within a narrow window		
	in space and time.		
	C. If any of the barriers are impenetrable, spillover cannot		
	occur.		
	D. All of the above.		
Q 7	The primary goal of integrated disease surveillance is to:	1.5	CO-2
	A. Strengthen animal farming.		
	B. Improve environmental conservation.		
	C. Detect and respond to disease outbreaks.		
	D. Eliminate vector-borne diseases entirely.		
Q 8	Which level of community participation is 'Community-owned'?	1.5	CO-1
	A. Level 1		
	B. Level 2		
	C. Level 3		
	D. Level 4		
Q 9	Why is antimicrobial resistance a threat to controlling emerging	1.5	CO-1
	infectious diseases?		
	A. It makes infections more challenging to treat.		
	B. It reduces antibiotic effectiveness.		
	C. It increases hospital stays and costs.		
	D. All of the above.		
Q 10	Identify the incorrect pair	1.5	CO-2
	A. Climate Change \rightarrow Extreme Weather.		
	B. Biodiversity Loss \rightarrow Disruption of Food Webs.		
	C. Land-System Change → Deforestation & Soil		
	Degradation.		
	D. Freshwater Overuse→ Biodiversity loss.		
Q 11	Which of the following is NOT a factor in disease emergence?	1.5	CO-1
	A. Climate change.		
	B. Habitat destruction.		
	C. Increased surveillance.		
	D. Antimicrobial resistance.		
Q12	The Food Safety and Standards Act 2006 received the assent of the	1.5	CO-1
	President on which date.		
	A. August 23, 2006		
1	B. August 13, 2006		
	C. September 23, 2006		

	D. September 13, 2006		
Q13	Which of the following diseases is NOT considered an emerging	1.5	CO-1
Q13	infectious disease?	1.3	CO-1
	A. SARS		
	B. Ebola		
	C. Tuberculosis		
014	D. Zika	1.7	GO 2
Q14	Identify the process by which antimicrobial resistance can be	1.5	CO-2
	minimized		
	A. Antibiotic stewardship.		
	B. Development of novel treatments.		
	C. Rapid diagnostic techniques.		
	D. All of the above.		
Q15	Which factor influences whether an emerging disease becomes	1.5	CO-1
	endemic or epidemic?		
	A. Population density.		
	B. Climate change.		
	C. Healthcare infrastructure.		
	D. All of the above.		
Q16	Identify the vector responsible for the spread of Kyasanur Forest	1.5	CO-1
	Disease		
	A. Tsetse fly		
	B. Laptotrombidium Mite		
	C. Hard Ticks		
	D. Freshwater snails		
Q 17	What does a pathogen need to successfully cross species barriers?	1.5	CO-1
	A. Genetic adaptation.		
	B. Increased human immunity.		
	C. Host resistance.		
	D. Decreased transmission.		
Q 18	Identify the term used for A disease that is consistently present in	1.5	CO-1
	the population, with relatively low spread.		
	A. Epidemic		
	B. Endemic		
	C. Pandemic		
	D. All of the above		
Q 19	The term "spillover" refers to:	1.5	CO-3
	A. The spread of pathogens between humans.		
	B. The transfer of pathogens from animals to human.		
	C. The containment of an outbreak.		
	D. All of the above.		
Q 20	Where is the Centre for One Health located?	1.5	CO-2
~ 2 0	A. Odisha	1.5	
	B. Nagpur		
	D. Muspui		

	C. Mumbai		
	D. Chennai		
	Section B		
	(4Qx5M=20 Marks)		
Q 21	Explain the various levels of community engagement. Describe	5	CO-1
	key strategies for effective community engagement in healthcare.		
Q 22	Enlist the common pathogen associated with food safety. Suggest	5	CO-2
	prevention measures to minimize these pathogens in the foods.		
Q 23	Illustrate the mechanisms of pathogen crossover across species	5	CO-2
	boundaries.		
Q 24	Discuss the environmental and health consequences of	5	CO-3
	deforestation and atmospheric aerosol loading. Additionally,		
	propose strategies to mitigate these impacts.		
	Section C		
	(2Qx15M=30 Marks)		
Q 25	What is the disease triangle? Explain the factors influencing the	15	CO-2
	transmission and emergence of diseases.		
Q 26	As a scientist applying the One Health approach, outline the plans	15	CO-3
	and strategies you would design and implement to eliminate		
	COVID-19-like pandemic in the future.		
	Section D		
	(2Qx10M=20 Marks)		
Q 27	What is an antimicrobial stewardship program? Determine the	10	CO-2
-	goals of an antimicrobial stewardship program.		
Q 28	Describe the concept of planetary boundaries. Explain the complex	10	CO-3
	interactions between planetary boundaries and their impacts on		
	human health and diseases.		